



Women's Fitness

March, 2015

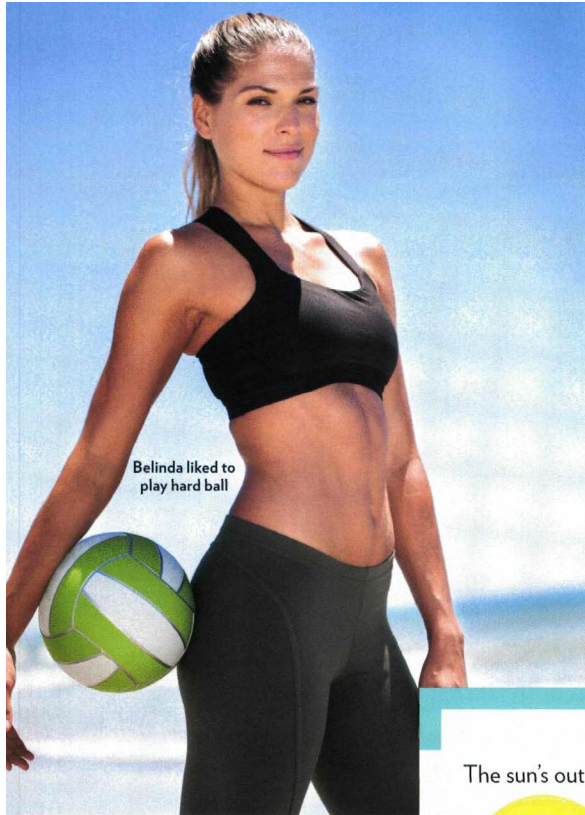
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CUT STRAIGHT TO YOUR NEWS

press clip



Belinda liked to play hard ball

Be fit

Game plan

New sporting gear to keep you moving

CHILL OUT

Still using ice packs to help you cool off post-workout? Kick 'em to the curb, ladies, and instead add the Mission EnduraCool Towel to your gym bag. The frosty fabric will stop you sweating, stat. From \$19.95, rebelsport.com.au



The great outdoors

The sun's out - you should be, too. And taking these with you...



1 HAVE A BALL
Sunnylife Beach Ball, \$29.95, sunnylife.com.au



2 FEEL THE BEAT
Bose SoundLink Colour Bluetooth Speaker, \$179, jbhifi.com.au



3 STAY SUN SAFE
Banana Boat Sport Cool Zone, \$16.99, priceline.com.au

Stylish support

Up the fun factor of your workout wardrobe (and keep everything in place during Body Attack) with the new range of Cotton On Body KIR sports bras. With underwire support and breathable mesh fabric, these cuties have all bases covered. \$29.95, cottononbody.com



WORDS: JAYNIE HOOPER PHOTOGRAPHY: GETTY IMAGES

#wf loves

Kit refresh

Roll out this Kamuka bohemian mat in yoga class and give yourself something pretty to look at while you're in downward dog. \$129, kamuka.com.au



SHOWER BUDDY

Sweat might be healthy, but it sure ain't pretty. Banish perspiration and oil with QV Sport 3-in-1 Body Wash, Shampoo and Shaving Gel. From \$14.99, priceline.com.au

All night long

What's better than recording all your daily activity? Tracking your sleep patterns, too! Powered by the latest snooze-monitoring technology, the Jawbone Up Move lets you watch your zzzs as well as your step count. \$69, apple.com/au

