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FOOTSCRAY

Battler tackles weighty issue after shock photo

IT WAS a photograph posted to Facebook that prompted Anthony Grealy to take action.

Six months later and 33kg lighter, the Footscray man cannot believe he did not act sooner.

"I was at a friend's wedding and was tagged in a photo the next day," the 26-

year-old sales and service representative said.

"I was so mortified, I hadn't seen myself in a photo for a long time.

"I had no idea I had gotten that big."

After his rather public "wake-up call", Mr Grealy signed up with a Jenny Craig weight loss program

and began exercising, including going for runs along the Maribyrnong River.

He is now more than half-way to his goal to lose 53kg.

"I still have some way to go," he said.

"But it has made such a difference to my life."

Mr Grealy will soon be seen on televisions across

the country, having been selected as one of eight Jenny Craig ambassadors.

