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# Healthy help needed

## Calling for food

By LUCY CANTORI

JENNY Craig Morayfield has kicked off Caboolture Community Action's latest food drive with a donation of cereal and over \$100 worth of fresh fruit and vegetables from Caboolture Fruit Supplies.

Jenny Craig Morayfield centre leader Stephanie Chong said they were more than happy to help out.

"Not a lot of people have access to healthy food and that's why we wanted to do our bit and help contribute some boxes of fruit, vegetables and cereals and mueslis from Jenny Craig as well," she said.

"We wanted to do something to help out people in the community who weren't so well off, and the Caboolture Community Action have a great set-up."

Caboolture Community Action president Sharin Geeves said the donation was much appreciated.

"It was fantastic. We were really pleased to have it,"



**MUCH APPRECIATED: Caboolture Community Action volunteers Linda Benson and Elaine Vosper receive donations from Jenny Craig's Sheryll O'Sullivan and Stephanie Chong.**

PHOTO: VICKI WOOD

she said.

"We are so grateful to them, and the fact they are a local business organisation is great."

She said the organisation was still in desperate need of donations.

"We do have a food drive at the moment," Ms Geeves said.

"We're looking specifically for canned goods, so anything people use in the pantry like tinned

food, soups, stews, baked beans, spaghetti and even canned meats.

"Anything with a ring pull on the cans so people who are homeless can remove the top and heat on a small barbeque."

Ms Geeves said these items were vital as demand for help kept increasing.

"Quite a few people are able to afford rent but not food and are just about keeping a roof over their

head," she said.

"We also have a lot of families as well, so school lunchbox fillers are really great too.

"We're not asking for people to put in huge donations," she said.

"If everyone put in a few things, it would really make a difference."

To donate, visit Caboolture Community Action at 6 Bertha St, Caboolture.