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# AGENDA

OUR PICK OF THIS MONTH'S MUST-HAVES



## EAT WELL AND BE HEALTHY

Eat Fit Food delivers nutritionally balanced, fresh and healthy meals daily to your home or office. Free of preservatives, artificial sweeteners, additives and chemicals, Eat Fit Food shows customers how easy it is to improve their lives through healthy eating. Discover more at [eatfitfood.com.au](http://eatfitfood.com.au).



## NATURAL BEAUTY

For stubble-free, moisturised skin, try new Veet Natural Inspirations waxes. They contain natural extracts\* like Argan Oil, Aloe Vera and Shea Butter to help leave your legs smooth for up to 28 days and feeling beautifully moisturised.

\*Contains 0.1% w/w natural extract.

## YOUR DOSE OF GREENS

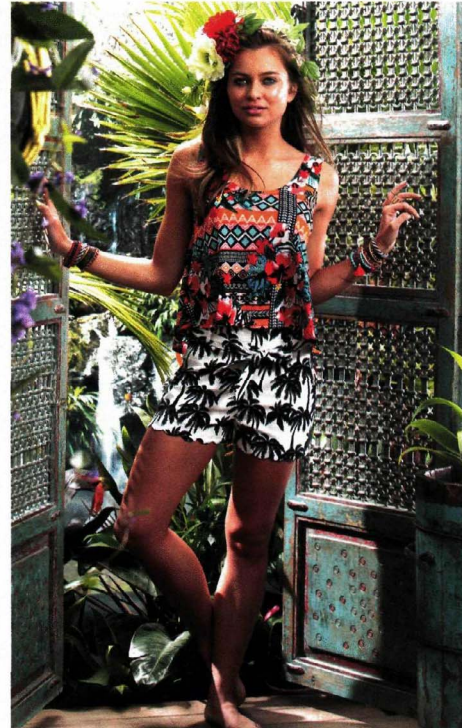


Nature's Own Superfood Blends 6 Supergreens contains Spirulina, Alfalfa, Barley Grass, Kelp, Wheat Grass and Chlorella, six of the most nutrient-rich foods on the planet. It helps achieve a healthy and well-balanced diet. RRP \$24.95 for 120g.



## YULE SCENT

Celebrated fashion illustrator Megan Hess presents the Christmas Collection from Glasshouse Fragrances. Inspired by plum puddings, Grandma's treats and festive fruits, the Night Before Christmas Diffuser reminds you of everything that's magical and sweet about Christmas time. RRP \$42.95 for 250ml.



## EXPRESS YOUR VIBRANT SELF

Playful prints and personality define Kmart's new Print Clash summer range. Whether it's mixing stripes with prints, pairing brights with tonal colours or embracing patterns that clash, there's bound to be a look that's just right for you. Play it your way this season by visiting [kmart.com.au](http://kmart.com.au).

## DESIGNED TO ENCHANT

Inspired by classic blooms, Secret Garden is the spring/summer 2014 collection of exquisite jewellery designs by Secrets Shhh. With a touch of modern glamour and vintage style, the collection embraces soft romantic shades and magnificent colours to complement this season's floral trends. Pieces priced from \$250. Visit [secrets-shhh.com](http://secrets-shhh.com).

